

Children are among the most vulnerable audiences related to sexual violence and abuse. All the more important are the age-appropriate sensitisation and strengthening of their life skills.

## Workshops for Schools

# Safobodyland

PRESCHOOL - PRIMARY SCHOOL  
5 - 9 Years



### CONCEPT

With JJ, the meerkat, children travel from island to island, expanding their knowledge and raising their awareness.

### WORKSHOP FOR TEACHERS

In the workshop the methods and contents for the school lessons are taught. It also includes receiving a rich accessory set.

## ISLANDS AND TOPICS

### PERSONAL ISLAND

- Self awareness
- Self confidence
- Emotional health
- Communication methods
- Help strategies

### DISTANCE ZONES

- Right to privacy
- Mutual respect
- Saying NO

### WATCHING

- Ok and Not-Ok images

### BODY ZONES

- Ok and Not- Ok touches
- Saying NO
- Body awareness

### SECRETS

- Ok and Not- Ok secrets
- Knowing own rights

## ACCESSORY SET

- PLAYGROUND 200 X 100 CM
- LEADING FIGURE MEERKAT
- 3D MATERIAL
- MEMORY STICK WITH TUTORIAL MOVIES AND TEACHING MATERIAL



# OFFER

## WORKSHOP & ACCESSORY SET

### Safbodyland

## CONTENTS

- WORKSHOP OF 7 HOURS
- 1 ACCESSORY SET
- 1 H VIRTUAL COACHING PER TEACHER (E.G. VIA SKYPE)

## COST PER PERSON

CHF 550.00

## REGISTRATION & MORE INFO

[karin@teach-boxes.ch](mailto:karin@teach-boxes.ch)

or

[www.teach-boxes.ch](http://www.teach-boxes.ch)

## CONTACT

[karin@teach-boxes.ch](mailto:karin@teach-boxes.ch)

m: +41 79 430 74 42

[www.teach-boxes.ch](http://www.teach-boxes.ch)

