

Puberty is one of the most incisive parts of one's life. Accordingly important is the comprehensive discussion before and during this time.

## CONCEPT

All contents are prepared in a playful and age-appropriate manner and offer a deeper examination of the various topics of adolescence in gender separated or mixed groups.

## WORKSHOP FOR TEACHERS

In the workshop the methods and contents for the school lessons are taught. It also includes receiving a rich accessory set.

# Workshops for Schools

## LADIES AND GENTLEMEN LAND

Junior High School

9 - 12 years



## ISLANDS & TOPICS

### DOO-BEE-YOU-ISLAND

- Self-esteem
- Self awareness
- Emotional health and resilience

### CAPRIOLIA/WILD ZONE

- Handling Crisis
- Know public help offices
- Emotional challenges during puberty

### YUMIYU BEACH

- Mutual respect
- Relationship diversity
- Rights and age of consent

### GOODIE MOODIE PLACE

- Awareness of own resources
- Emotional health promotion

### BODY ZONE

- Sexual organs and functions
- Changes of the body
- Fertilisation and pregnancy
- Positive body feeling

# OFFER

## WORKSHOP & ACCESSORY SET LADIES AND GENTLEMEN LAND

### CONTENTS

- WORKSHOP OF 7 HOURS
- 1 ACCESSORY SET
- 1 H VIRTUAL COACHING PER TEACHER (E.G. VIA SKYPE)

**COST PER PERSON**  
CHF 550.00

### REGISTRATION & MORE INFO

[karin@teach-boxes.ch](mailto:karin@teach-boxes.ch)

or

[www.teach-boxes.ch](http://www.teach-boxes.ch)

### CONTACT

[karin@teach-boxes.ch](mailto:karin@teach-boxes.ch)

m: +41 79 430 74 42

[www.teach-boxes.ch](http://www.teach-boxes.ch)

